



Mentor's Compass

Episode 5: Goal Setting Part 2

- ✓ If your son or mentee has goals or systems in place, has he identified the bigger “why” behind his efforts? What is the meaning behind the goals? Perhaps it relates to a bigger goal, a virtue, or some prayer intention? Have you talked to the boy about his “why”?

- ✓ Are there small concrete details in your son or mentee’s life that offer possible areas for goals? Consider these as examples:
 - Order of notebook
 - Not hitting snooze
 - Showering daily
 - Making bed in the morning
 - Consumption of sweets
 - Attending Mass or some opportunity for spiritual growth weekly
 - Sharpened pencils before class
 - Checking planner before starting homework
 - Talking to a lonely peer

- ✓ What are the other areas where your son could grow in virtue? What are small steps that your son can take to start heading in the right direction? For example, if order is an issue, think about just making the bed. If organization is a problem, just focus on getting the planner home each night.

- ✓ How can YOU lead by example? What is a small goal you can share with your son or mentee, and then execute before his very eyes? Remember, witness is a powerful teacher.
